

Keeping Our Workplace Safe

WHAT TO EXPECT WHEN YOU ARE ATTENDING YOUR PHYSIO
APPOINTMENT DURING THE COVID-19 PANDEMIC

1 Preparation:

- Bring a mask
- Wear or bring appropriate clothing for area(s) being treated (ex. shorts, tank top)
- Consider leaving your credit card on file for contactless billing
- Leave non essential personal items at home or locked in your vehicle
- Attend your appointment alone (unless you require assistance for mobility)



1	_____
2	_____
3	_____



2 When you arrive:

- Call the clinic upon your arrival from your vehicle or knock and wait at the front door
- You will be asked screening questions for COVID-19/illness symptoms
- You will be asked to sign a consent for your in-clinic appointment each day
- You will be directed to the washroom to wash your hands
- Your therapist will escort you to your designated treatment area

2 What we look like:

For the protection of ourselves, our clients and our staff, the therapists will be wearing Personal Protective Equipment (PPE) recommended by the Nova Scotia Public Health Agency. This can include a mask, gloves, and eye protection if appropriate.



4 Leaving your appointment:

To respect social distancing with other clients and staff:

- Your therapist will book your follow up appointments whenever possible
- Only one person will be permitted in reception area at a time for payment/booking
- Your therapist will direct you to the exit when ready

5 Behind the scenes:

What we are doing to protect each other:

- Reduce number of staff working at one time
- Required cleaning breaks between appointments
- Continue our thorough cleaning procedures between clients with approved, hospital-grade cleaning agents.

